



Charity Shop & Dementia Activity Centre  
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# April 2023 Newsletter

## Wishing you a Happy Easter!



Please note: we'll be closed Friday, 7<sup>th</sup> – Monday, 10<sup>th</sup> April for the Easter bank holiday. Outside of those dates, please join us whenever you can!

This month we're introducing Feel Good Fridays, packed with new, fun activities, £4/person. Join us at the DAC (entrance is through our Charity Shop) on Friday afternoons, 1-3pm – or come an hour earlier at noon and join in our Friday Quiz too!

Mondays	Tuesdays	Wednesdays	Thursdays	Fridays
3 <sup>rd</sup> 1-3pm Silverline Sings £4	4 <sup>th</sup> 1-3pm Dementia Choir £4	5 <sup>th</sup> 11am-12.45pm Doodle Art 1-2pm Young Onset Group	6 <sup>th</sup> 12-3pm Picnic Knit & Natter £4	7 <sup>th</sup> CLOSED – EASTER BANK HOLIDAY
10 <sup>th</sup> CLOSED – EASTER BANK HOLIDAY	11 <sup>th</sup> 1-3pm Dementia Choir £4	12 <sup>th</sup> 11am-12.45pm Doodle Art 1-2pm Carer Support Group	13 <sup>th</sup> 12-3pm Picnic, Knit & Natter £4	14 <sup>th</sup> 12-1pm Quiz 1-3pm Feel Good Fridays - Tea Dance £4
17 <sup>th</sup> 1-3pm Funny Fitness Hour £4	18 <sup>th</sup> 1-3pm Dementia Choir £4	19 <sup>th</sup> 11am-12.45pm Doodle Art 1-2pm Care Home Carers	20 <sup>th</sup> 12-3pm Picnic, Knit & Natter £4	21 <sup>st</sup> 12-1pm Quiz 1-3pm Feel Good Fridays - Theatre £4
24 <sup>th</sup> 1-3pm Dementia Cafe £4	25 <sup>th</sup> 1-3pm Dementia Choir £4	26 <sup>th</sup> 11am-12.45pm Doodle Art 1-2pm Carer Support Group	27 <sup>th</sup> 12-3pm Picnic, Knit & Natter £4	28 <sup>th</sup> 12-1pm Quiz 1-3pm Feel Good Fridays - Comedy £4

Reminder: we've extended the time of our Wednesday Doodle Art sessions which now run 11am-12.45pm at the DAC, or join via Zoom. This month we're working on some new drawing and shading techniques – join us if you can!

For further details, contact us: Tel: 0191 603 0095 Email: [hello@silverlinememories.com](mailto:hello@silverlinememories.com) Web: [www.silverlinememories.com](http://www.silverlinememories.com) or follow us on Facebook  
 Need transport? We have a limited number of spaces available on our minibus (£2/person each way), contact us to check availability in your area.