



The Dene Centre  
 Castles Farm Road  
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# January 2020 Calendar

## Happy New Year!

Day	What's on	Dates	Programme	Time
Monday's	<b>Dementia Café</b> St. Aidan's Church, Brunton Park, NE3 5NF	6 <sup>th</sup> January	<b>Silverline Sings</b> -- Sing in the New Year with the lovely Kayley	1.00-3.00pm
		13 <sup>th</sup> January	<b>Smile Thru Sport</b> -- Did anyone else make a new year's resolution to get fit in 2020?	
		20 <sup>th</sup> January	<b>Seated Dance with Molly</b> -- a NEW activity... and an opportunity to work off those Christmas calories!	
		27 <sup>th</sup> January	<b>Burns Celebration</b> -- bagpipes, haggis and a touch of Rabbie!	
Tuesday's	<b>Trips</b> Theatre Royal Newcastle	14 <sup>th</sup> January	<b>Memory Bus Panto trip</b> - Places are limited so pre-booking is essential. Oh no it isn't... oh YES it is!	Pick-up's to be arranged
Wednesday's	<b>Carers Group</b> The Dene Centre NE3 1PH	8 <sup>th</sup> January	<b>Especially for Carers</b> -- facilitated by ATime2Talk An opportunity for carers to come together to discuss a variety of issues/concerns in a warm, friendly and confidential environment.	1.00-2.00pm
		22 <sup>nd</sup> January		
		29 <sup>th</sup> January		
Thursday's	<b>NEW for 2020</b> <b>Thursday Club</b> St. Hugh's Hepple Way, Gosforth, NE3 3HS	9 <sup>th</sup> January	<b>Thursday Club Launch</b> including a cinema showing of the musical 'Seven Brides for Seven Brothers'	1.00-3.00pm
		16 <sup>th</sup> January	<b>Tea Dance</b> with live entertainment from Colin Summers	
		23 <sup>rd</sup> January	<b>Games Session</b> -- fun and games for all	
		30 <sup>th</sup> January	<b>Choir performance</b> (to be confirmed)	

# January 2020 Newsletter

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**We hope you like our new look newsletter for 2020** complete with a handy magnet to stick the calendar on your fridge as a useful reminder of everything we have for you each month.

**January sees the launch of our new Thursday Club** at St. Hugh's Church, Wansbeck, Gosforth (poster and map enclosed). We'd love to see you there for a new range of activities including cinema experiences, games afternoons, seated sports sessions, arts and crafts groups. All with the usual refreshments and familiar friendly faces!

**Silverline's website** is now fully updated with the things we have planned for the whole year ahead and we'll add additional events as they get booked. We're looking at some Winter Day-trips for you to enjoy over the next few months, and some extra trips to the Theatre. As always, we love to hear about the things you'd like to do, so please share your ideas with us and we'll see what we can arrange. Give us a call on 0191 603 0095

A stylized illustration of a laptop computer with an orange frame and a grey base. The screen is white and displays the website address.

[www.silverlinememories.com](http://www.silverlinememories.com)